

Aspa



Work – path to participation -project
Aspa Foundation/Finland

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www.oikeitatoita.fi



Finland –some geography

- In northern Europe, between Sweden and Russia
- 5.5 million inhabitants
- The most of the land is covered by forest and lakes
- The people live mostly in the Southern Finland, the other parts are quite sparsely populated
- 2 official national languages: Finnish and Swedish



Aspa Foundation

Aspa Foundation operates in Finland nationwide

- for persons with disabilities and people recovering from mental health problems to lead an independent and autonomous life
- develops individually-tailored, high-quality and safe living solutions in ordinary residential environments
- Aspa Foundation owns over 900 rental apartments
- Aspa Services has 41 Aspa homes



20 years of individually assisted living

1995

Aspa Foundation is established

1996

Housing services starts

2006

Aspa Services Ltd is established

Aspa Foundation

- Non-profit organization
- Rental apartments, development and information service

Ownes 100 %

Aspa Services Ltd

- Services that support autonomous life and living

FOUNDING ORGANIZATIONS

- Finnish Central Association for Mental Health
- Finnish Epilepsy Association (FEA)
- Finnish Federation of the Visually Impaired (FFVI)
- Finnish Neuro Society
- Friends of the Young
- Inclusion Finland FDUV
- Inclusion Finland KVTL
- The Finnish Association of People with Physical Disabilities
- The Finnish Association of the Deaf
- The Finnish Association on Intellectual and Development Disabilities (FAIDD)
- The Finnish CP Association
- The Finnish Parkinson Association
- The Service Foundation for People with an Intellectual Disability

Aspa development projects



- Funding by RAY (Finland's Slot Machine Association) and European Social Fund (ESF)
- We create practices and models to strengthen the possibilities of persons with disabilities and people recovering from mental health problems
- Projects already done: around employment, safety, Voice of Experience, PEER review method, Needs assessment –projects.

The people should have possibility

- to be treated without discrimination
 - to participate fully in a society
 - to live independently
-
- We develop together with service users, the organizations involved, service providers and municipalities.





Aspa Employment projects

since 2008- several projects

Work – path to participation “Työ – tie osallisuuteen” (2012-2015)

What was the problem to be solved?

- The young students with special needs don't get into the employment
- The most of them leaves outside of work and becomes retired after vocational training
- Students need a model to support their way to the open labour market
- Teachers and other professionals also need material and knowledge on how to support those young ones to the open labour market, to "decent work".



What have we done on this project?

For young students

Courses on how to get into the employment and stay there

- For students on vocational schools that need special support
- The courses have been organised on last school year in schools, and were voluntary for students
- The methods: Group training and personal training
- Courses have been organized for 47 students (regions: Helsinki, Kouvola, Valkeakoski, Oulu)

The employers

- Courses for Mentors in workplaces, to help the workplaces to involve persons with special needs

Professionals

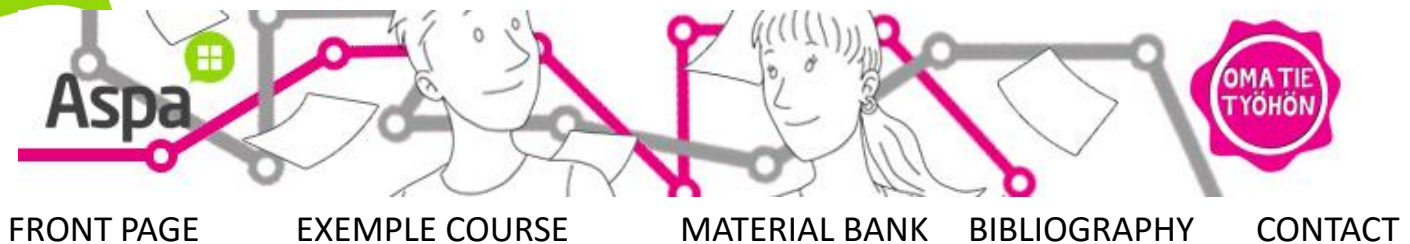
The (www-material) web site "decent work" www.oikeitaitoita.fi



www.oikeitaitoita.fi -site

- Open for everyone, no registration demanded
- Language is Finnish, planned and tested in Finland
- Planned to help teachers and other professionals who can then better help students with special needs
- The material is gathered from many sources
- Material on the web site: personal training, group training and group lessons.
- 1.8.2015 it came obligatory by the Ministry of Education of Finland to teach working life skills in vocational schools
- Web site is made by project workers, ICT-planner and graphic designer.

www.oikeitaitoita.fi
välineitä työllisyyden tukemiseen



EXEMPLE COURSE

Lesson 1: Starting a course and how to cope in a group

Lesson 2: Your own goals, an intro to job seeking

Lesson 3: Your own strenghts and professional skills

Lesson 4: Job advertisements and and job applications

Lesson 5: Job seeking

Lesson 6: Job interview

Lesson 7: Labour code: and starting a new job

Lesson 8: Labour code: how to cope in a working place

Lesson 9: Orientation in a work, work safety and your own future planning

Lesson 10: Public services after school, how to take and give feedback

- published on March 2015
- already 21 500 visits

Promotion:

- e-mail postings for professionals: teachers, youth workers, job coaches, etc., thousands of e-mails self gathered
- The news and articles on the Aspa www-sites, social media like Facebook sites and groups, Twitter
- Post cards, pens and other marketing material
- Network meetings and lessons for teachers and youth workers etc.
- Educational expos and seminars

