Avnei Derech Mechina
Transition program for young-adults on the Autism Spectrum
Jonathan
So what happened during these two years?

- Wondering
- Uncertainty
- Decision Making
- Experiencing
- Reflecting
Emerging Adulthood and it’s Characteristics

- A new developmental stage?
- Volitional years and future oriented decisions
- Uncertainty and feeling “in between”
- Exploration and examination of “possible selves”
- Challenges: Choices, Separation, Change
Autism in Emerging Adulthood
The Hurdles

- Separation & Individuation
- Exploration
- Identity Construction
The Mechina

- Young Adults on the Autism Spectrum
- Transition Program:
  - Preparatory College towards adult life
  - 24 months, 24/7
  - Studential accommodation model
- Joint Venture – Ministry of Social Affairs and Welfare
- Broad Holistic Approach
- Experimental Learning
- Lead by the Participant
Constructing Vocational Identity - Principles

- Age related Vocational Experiences
- Standards - What/Who do I compare to?
- Exploration of life spheres
- Skills Enhancement
- Producing Enabling Environment
Constructing Vocational Identity - Outcomes

- Variety of occupational fields, Diverse jobs and working environments
- Utilization of skills and strengths
- Self-management, self-advocacy and independent managing of the assistance in the workplace
- Feeling of competence in the interaction with the surrounding and its challenges
Employment as a manifestations
Thank you for Listening

Shirley Kenny – Avnei Derech La’Haim